











The suggested routes on this map use shared where possible.

Chancellor State College

and scoot routes map to school

pathways, crossings and avoid crossing busy roads It is the parent/carer's responsibility to identify the safest route for their child to travel to and from

school. The school and program owners, including

partners, take no responsibility or liability for any

to independently travel to and from school. accompanied by an adult until they are competent It is highly recommended that children are of reliance on such information. loss, damage or inconvenience caused as a result

START SMALL ONCE A WEEK MAKES A DIFFERENCE

In a busy household it can be hard to make changes that suit everyone. Try and work out a schedule together to incorporate active trips.

RideScore can save parents time and worry as you know your child has arrived safely and left school on the way home.

Prepare your child for independent travel.

Talk about the safety tips and use this checklist to ensure

- Road and pathway rules.
- The route to and from school.
- What to do in an emergency.

Parents also need to help their child check to make sure their bike or scooter is in good working order.

IMPORTANT TIPS TO STAY SA

Children need to develop the knowledge, skills and behaviours to keep themselves safe. Teach them to:

- ✓ Stop, look, listen and think before crossing any road.
- Be careful around driveways, look ahead for reversing cars.
- Use the crossings where available and always stop before you cross. Give way to pedestrians and ride and scoot on the left.
- ✓ Always wear a helmet when riding and scooting.
- ✓ Don't speak to people you don't know!
- Don't use headphones so you can hear what is happening around you.



PRACTICE MAKES PERFECT

We recommend you practice your child's trip with them before their first independent trip. You can learn about the hazards they may experience by traveling the route. Consider the following:

- Does the route follow quiet streets?
- Does it have the least number of road crossings?
- Does your child have to ride or scoot partly on the road?
- Are there difficult intersections along the route?
- Are there signed, supervised or light-controlled crossings?
- Are there safe places for your child to cross the road?
- Is the route clearly visible from nearby residences, roads or parks?

BEFORE YOU CROSS STOP, LOOK, LISTEN, THINK

Choose the safest place to cross the road:

- Supervised crossing
- Pedestrian (zebra) crossing (unsupervised)
- Pedestrian traffic lights

When there is no crossing available:

Look and listen in all directions, think about where it is safe to cross the road where you can see traffic in all directions and where drivers can see you.

BRAKES Does each brake stop one of the wheels going around?

TYRES Are they worn or damaged? Are they fully inflated?

WHEELS Are they buckled? Are any spokes missing or disconnected?

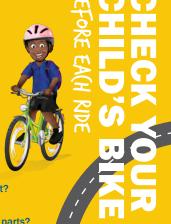
GEARS Can you change gear without

CHAIN Is it clean, oiled and not loose?

BELL Is your bell or horn working?

REFLECTORS Can your reflector be clearly seen at least 50m from behind the bike when a vehicle's headlights shine on it?

GENERAL Is the bicycle clean? Are there any loose nuts or other defective parts?



ABOVT RIDESCORE

RideScore is an incentive-based program delivered by Sunshine Coast

RideScore Active Schools uses technology to notify parents when their children have arrived safely and left school. The program includes:

SMART BEACONS to alert parents when their child arrives at school

MAPPING to identify safe routes to school

APP-BASED information and registration technology

ENCOURAGEMENT rewards for students, and **BICYCLE EDUCATION**





